



## **New Life Story® Wellness Coaches Training**

### **A Licensed and Specialty-Certified Training for Professionals**

#### Seminar Syllabus

Session		Reading
1	The Power of Story	(Notes to the Mentor; Introduction)
2	Recognize, Own, and Assess Your Story	(Module 1)
3	Decide What to Change	(Module 2)
4	Map Changes	(Module 2)
5	Author New Experiences and Program New Identity	(Module 3)
6	Master States of Mind	(Module 4)
7	Advancing the Plot	(Module 5)
8	Your New Money Story	(Module 6)
9	Your New Career Story	(Module 7)
10	Your New Relationship Story	(Module 8)
11	Live Your New Success Story	(Module 9)
12	Your New Wellness Story	(Module 10)